

# Looking for up-to-date cancer information you can trust?

## Call 1-800-4-CANCER

For more than 35 years, the National Cancer Institute's trained cancer information specialists have answered cancer-related questions from patients, family members, friends, health care providers, and researchers through the free and confidential Cancer Information Service.

Information specialists at 1-800-4-CANCER can provide personalized, scientifically accurate, and easy-to-understand information in English and Spanish on a range of cancer topics, such as:

- Cancer treatment options
- Clinical trials
- Financial assistance
- Sources of support
- Screening and prevention
- Tobacco cessation help and resources

### Ways to contact us:

**Call** us toll-free at **1-800-4-CANCER** (1-800-422-6237)  
(Monday - Friday, 8 a.m. to 8 p.m. Eastern Time)

**Chat** with us online at **www.cancer.gov/livehelp**  
(Monday - Friday, 8 a.m. to 11 p.m. ET) \*English only

**Email** us anytime at **cancergovstaff@mail.nih.gov**

*Important: NCI provides cancer related information but is not a substitute for a doctor's advice.*

[www.cancer.gov](http://www.cancer.gov) | [www.cancer.gov/espanol](http://www.cancer.gov/espanol)

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