Non-small cell lung cancer

Non-Small Cell Lung Cancer

Eva Szabo, MD Chief, Lung and Upper Aerodigestive Cancer Research Group Division of Cancer Prevention, NCI



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Global cancer burden

Global Burden of Cancer 2020

International Agency for Research on Garoar

(d) trainet



https://gco.iarc.fr/today/data/factsheets/cancers/15-Lung-fact-sheet.pdf

US lung cancer statistics, 2021

US Lung Cancer Statistics, 2021

- 235,760 estimated new cases (lung and bronchus)
- 131,880 estimated deaths
- leading cause of cancer deaths
 - greater than breast+prostate+colon
 - death rate per 100,000 decreasing (90.56 in 1990; 67.45 in 2006)
 - Incidence declining in men since mid-1980's, wo men since mid-2000's
- 21% five-year survival
 - 5% in 1950's, 12% in 1970's
- 22% of all male and female cancer deaths



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Risk factors

Risk Factors

- Tobacco, tobacco, tobacco (85% lung ca.)
 - Including passive smoking
 - Prior aerodigestive malignancy
 - COPD
- Other exposures
 - Asbestos, radon, polycyclic aromatic hydrocarbons, chromium, nickel, inorganic arsenic – mining, ship building, oil refining
- Genetic predisposition
 - Familial lung cancer Germline mutations EGFR T790M
 - Bell et al., Nat Gen 2005;37:1315
 - 15q24-25.1 nicotinic acetylcholine receptor subunits CHRNA3 and CHRNA5, OR=1.3, attributable risk ~14%
 - Amos et al., Nat Gen 2008;40:616, Hung et al. Nature 2008;452;633, Thorgeirsson et al. Nature 2008;452:638
 - CH3NA3/5 is also susceptibility locus for COPD
 - Pillai et al. PLoS Genet 2009;5:1



Tobacco and cancer

Association Between Tobacco and All Cancer Death



Thompson B et al., MdHA On col. Published online. October 21, 2021. d ol. 10.10017amaoncol.2021.494

Smoking cessation

Effect of Smoking Cessation on Lung Cancer Deaths

Lung Health Study, 14.5 yr F/U



Pathology: NSCLC

Pathology: Non-small Cell Lung Cancer

- Adenocarcinoma, inc bronchoalveolar
 40%
- Squamous cell carcinoma - 20%
- Large cell carcinoma – 15%
- Others (carcinoid, etc.)

















Lung carcinogenesis

The Continuum of Lung Carcinogenesis Opportunities for Intervention





Treatment Strategies for Lung Cancer

- Treatment based on stage:
 - Early stage (Stage I) surgery
 - Early stage (Stage II, IIIA resected)-surgery + adjuvant chemo
 - Regional spread (IIIA/IIIB) combined modality (chemoradiation; +/- surgery for IIIA)
 - Metastatic (IIIB "wet"/IV)- chemotherapy, radiation as needed for local control, occasional resection of isolated metastases
- Small cell lung cancer: chemotherapy (+thoracic radiation for limited stage; prophylactic cranial radiation to prevent brain mets)

Treatment options

Treatment Options for Metastatic NSCLC

- Chemotherapy
 - Platinum doublets, iv
 - Adjuvant, metastatic disease
 - Still a mainstay of treatment
- Targeted therapy
 - For minority of patients with targetable mutations
 - Oral therapies, better tolerance
 - Extended survival
- Immunotherapy
 - Now a definitive role, frontline and second line

Personalizing Therapy for NSCLC

Personalizing Therapy for NSCLC Genetic Abnormalities in Lung Adenocarcinoma



Targetable mutations/gene fusions

- EGFR
 - multiple drugs
- ALK
 - multiple drugs
- ROS1
 - crizotinib
 DDAE V600E
- BRAF-V600E only
 - dabrafenib/trametinib
- RET
 - Experimental drugs (BLU-667)
- NTRK
 - larotrectinib
- MET ex 14 skipping

 crizotinib
- HER2/Neu exon 20 mutations
 HER2 antibodies + chemo

*Response rates 50-80%

Berge and Doebele Sem Oncol 2014; Hunter et al. Nature 2004; Heinmoller P et al. Clin Cancer Res 2003; Drilon A et al. JCO 2016 suppl; Drilon A NEJM 2018

EGFR and NSCLC

EGFR as a Target for NSCLC



- Epidermal growth factor receptor (EGFR) mutated in ~15% NSCLC
- Oncogenic driver; primarily in non-smokers
- Targeted therapies tyrosine kinase inhibitors (TKIs) highly active
 - 60-80% response rates EGFR-MT disease
 - Progression-free survival 10-14 months (c/w chemo 4-6 months)
 - Median survival 30 vs. 24 months with chemo
 - Maem ando et al N Eng J Med 2010;362/2380
- Multiple TKIs approved for frontline use; 3rd generation TKI (osimertinib) superior
- Mechanisms of resistance well understood (T790M; osimertinib)

Osimertinib

Osimertinib in Chemotherapy-naïve Patients



New Approaches-Immunotherapy

New Approaches - Immunotherapy

- PD-1
 - T-cell co-inhibitory receptor, regulates T-cell activation
 - Main role: to limit activity of T cells in peripheral tissues during inflammatory response to infection and to limit autoimmunity
 - ligands PD-L1 (frequently expressed on tumors) and PD-L2
 - Blockade of PD-L1/PD-1 interaction potentiates immune response (to tumor)



Pardoll D Nat Rev Cancer 2012;12:252

Immunotherapy

Immunotherapy

- Anti-PD-1 or PD-L1 antibodies approved for frontline NSCLC, second line Rx, in combination with chemo (frontline), and maintenance post-chemoradiation
 - Tail of the survival curves suggests long term benefit for minority of patients

Frontline treatment



Second line treatment



Reck Met al NBJM 2016;375:1823-1833 Brahmer J et al NBJM 2015;373:123-135

Clinical approach

Approach to the Patient with Metastatic NSCLC



NSCLC mortality

\downarrow Mortality from NSCLC with Improved Therapy



Mortality decreased faster than incidence

- 2008-2016 -Incidence 13.1% annually (men)
- Lung cancer specific survival improved from 26% to 35% from 2001 to 2016
- Similar in women, across all races/ethnic groups
- For SCLC, decreased mortality was same as decreased incidence
- Conclusion: treatment advances (esp. targeted therapies) responsible

Howlader N et al., NEJM 2020 383:640

Approaches to reducing cancer morbidity and mortality

- Prevention (primary, secondary, tertiary)
- Early detection

• Better therapeutics

Lung carcinogenesis

The Continuum of Lung Carcinogenesis Opportunities for Intervention



Cancer Chemoprevention

- The use of natural or synthetic agents to suppress or reverse carcinogenesis
 - Regress existing neoplastic lesions (treat intraepithelial neoplasia)
 - Prevent development of new neoplastic lesions (preneoplastic and cancer)
 - Suppress recurrence of neoplastic lesions

Lung Cancer Prevention

Rationale for Lung Cancer Prevention

- Metastatic cancer is rarely curable
 - US lung cancer 5 yr survival is ~15% (5% 1950's, 13% 1970's)
- Cancer is preventable
 - P1, STAR breast cancer prevention trials with tamoxifen and raloxifene
 - Fisher B et al., JNCI 1998;190:1371; Vogel, VG et al., JAMA 2006;295:2727
 - Multiple animal studies with multiple agents
- Long preclinical phase with increasing histologic and molecular abnormalities, identifiable populations at risk



Lung premalignancy

Evolution of Lung Premalignancy



Premalignant squamous lesions

Premalignant Squamous Lesions Bronchial Dysplasia – precursor and risk marker



- 164 pts. with low or high-grade lesions
 - 33.5% developed invasive cancer, median 16.5 mths
 - 41% cancers developed from abnormal site, 59% from other sites (central or peripheral)
 - High grade lesions assoc with cancer; COPD and prior hx lung ca assoc with OS
- Bronchial dysplasia both precursor and risk marker for abnormal field

Van Boerdonk et al., Am J Respir Crit Care Med 2015;192:1483

Atypical adenomatous hyperplasia

Adenocarcinoma Precursor: Atypical Adenomatous Hyperplasia (AAH)





- Natural history not well understood
- Localized ground glass opacities on CT:
 - AAH 25%; bronchoalveolar ca 50%; invasive adenoca 10%; fibrosis 15%
 - Nakajima et al., J Comput Assist Tomogr 2002;26:323
 - AAH 63%; bronchoalveolar ca 34%; scar 3%
 - Ohtsuka et al., Eur J Cardio-Thor Surg 2006;30:160

Non-solid nodules

Non-Solid Nodules – Natural History

- Prospective trial, 795 patients with 1229 subsolid nodules (GGNs, <3cm, solid component <5 mm)
 - f/u 4.3<u>+</u>2.5 years
 - 1046 pure GGN \rightarrow 5.4% became part solid
 - 81 heterogeneous GGN \rightarrow 19.8% became part solid
 - Resected nodules (in 80 patients)
 - 35/997 pure GGNs (9 MIA, 21 AIS, 5 AAH)
 - 7/78 heterogeneous GGNs (5 MIA, 2 AIS)
 - 49/174 part solidGGNs (12 invasive, 26 MIA, 10 AIS, 1 AAH)
 - 1% of all nodules became invasive cancer (all were part solid)
 - 3.3% became MIA, 2.7%AIS, 0.5%AAH

Kakinuma et al., J Thor Oncol 2016;11:1012

Targeting inflammation

Targeting Inflammation for Lung Cancer Prevention: Rationale

- Animal data showing role for steroids in cancer prevention
 - 1970's skin
 - Early 1990's lung (oral steroids)
 - Late 1990's lung (inhaled steroids)
- Epidemiology/Human data
 - Mainly negative (but studies of short exposure duration)
 - VA cohort with COPD (n=10,474) HR 0.39 (95% CI, 0.16-0.96)
 - Parimon T et al., AJRCCM 175:712, 2007

Phase IIb budesonide trial

DCP Phase IIb Trial of Inhaled Budesonide in Bronchial Dysplasia



Lam et al., Clin Cancer Res 2004;10:6502

Bronchial dysplasia

Phase IIb Trial of Inhaled Budesonide in Bronchial Dysplasia



- Bronchial dysplasia no effect of 6 mth Rx
- CT-detected lung nodules 27% vs. 12% resolved (p=0.024)

Chemoprevention trial. Phase IIb Trial

Peripheral Lung Carcinogenesis Trial Design Phase IIb Budesonide Chemoprevention Trial

202 participants with persistent LD-CT-detected peripheral nodules



Primary endpoint: shrinkage of lung nodules

-Veronesi et al., Cancer Prev Res 2011;4:34-42

Chemoprevention Trial

Phase IIb Budesonide Chemoprevention Trial Lesion Specific Analysis



-Overall response negative, but trend toward regression in nonsolid lesions (putative precursors of adenocarcinoma)

> Veronesi et al., Cancer Prev Res 2011;4:34-42 Veronesi et al., Ann Oncol 2015;26:1025-30

Aspirin and Mortality

Effect of Aspirin on Lung Cancer Mortality -Rothwell et al., Lancet 2011;377:31



-individual patient data from trials of ASA vs. none

-lung	•	
f/u	0-10 yrs	0-20 yrs
HR	0.68	0.71
(0.50-0.92, p=0.01)		(0.58-0.89, p=0.002)

-adenocarcinoma only-benefit only after 5 yrs

Phase II Trial

A Randomized Phase II Trial of Low Dose Aspirin versus Placebo in High-Risk Individuals with CT Screen Detected Subsolid Lung Nodules Pls: Giulia Veronesi, MD and Bernardo Bonanni, MD; IEO



1° Endpoint: #/Size semisolid lung nodules
 2° Endpoints: COX/LOX urinary metabolites (hs-CRP, PGEM, LTE4), miRNA signature, nodule-based endpoints

Accrual as of October 15, 2015: 47 participants

Aspirin trial

Phase II Trial of Low Dose Aspirin Trial



-98 participants randomized -no difference in nodule size, new nodules -no differences by sex, smoking status -underpowered to detect differences in new cancers

Biomarkers

Biomarker Aspirin Chemoprevention Trials Linda Garland, University of Arizona



1° Endpoint: smoking gene expression signature (nasal epithelium) 2° Endpoint: PI3K gene expression signature, lung cancer gene expression Signature, COX/LOX urinary metabolites (PGEM, LTE4)

Aspirin

Minimal Effects of Continuous vs. Intermittent Aspirin on Nasal Smoking Gene Signature Score



Garland LL et al. Cancer Prev Res 2019;12:809-820

Aspirin and zileuton

Effect of Aspirin and Zileuton on Nasal Dysplasia Gene Signature Score



- Significant decrease in dysplasia gene score
- No effect on nasal smoking gene signature score
- Significant effect on lipoxygenase metabolism (LTE4)
- Minimal effect on cyclooxygenase metabolism
 - PGEM borderline suppressed (p=0.07)

-unpublished

Cancer Immunoprevention

Cancer Immunoprevention: Potential for prevention of multiple cancers



Nature Reviews | Immunology

MUC1

MUC1

- Human tumor-associated antigen discovered in 1989
- Expressed on all human adenocarcinomas
- Differentially glycosylated compared to normal cells
 - –particularly VNTR region
- Cancer therapy target; may be more immunogenic at preinvasive stage
 - Highly expressed in many premalignancies



Courtesy of Olja Finn and Paul Limburg

MUC1 vaccine

MUC1 Vaccine in Patients with Newly Diagnosed Advanced Colorectal Adenomas (O. Finn Vaccine)

Trial overview

- Age 40-70 years; recent advanced colorectal adenoma
- MUCl vaccine vs. placebo at weeks 0, 2, 10 (Part I) and 53 (Part II)
- Primary endpoint: △MUC1 IgG level at week 12 vs. week 0
- Secondary endpoints: △MUC1 IgG level at week 55 v s. week 53; adenoma recurrence at up to week 156

Results

- 102 participants evaluable (MUC1 n=52; placebo n=50)
- 2-fold IgG↑ (=response) in 25% MUC1
- Response correlated with low baseline PMN-MDSC levels (p=.000.)
- Adenoma recurrence 138% in responders (not intent-to-treat)
- Ongoing immunogenicity study in heavy smokers undergoing CT screening

Schoen RE, P Limburg & D Finn, personal communications I No. 1 Contra

Metformin

Metformin

- Cancer incidence literature mixed and affected by multiple confounders and time-related biases
- DCP meta-analysis, RR=0.69, 95%CI, 0.52-0.90
 - Correction for BMI or time-related biases reduced RR to 0.82 and 0.90, respectively

Endpoints	Groups	SRR (95%CI)	12	n studies*
Cancerincidence	Allstudies	0.69 (052, 090)	88	19
	Adjusted for BMI	082 (0.70, 096)	76	11
	Adjusted for time related bias	090 (029, 091)	56	8
	Prospective studies	0.71 (0.47, 1.07)	89	12
	Randomized Clinical Trials	0.95 (0.69, 1.30)	5	5
Cancer mortality	Allstudies	0.66 (054, 081)	21	7
	Adjusted for BMI	0.60 (0.45, 0.80)	0	5
	Adjusted for time related bias	0.45 (016, 1.26)	0	3
	Prospective studies	0.48 (0.23, 0.97)	0	4

Gandini S et al. Cancer Prev Res 2014;7:867

Metformin Trial

Phase IIa Metformin Trial in Oral Leukoplakia



Obesity

Visceral Obesity Promotes Lung Cancer Progression and an Immune Suppressive Tumor Microenvironment



- Obesity affects TME
 - Effector cell deficits, exhausted phenotypes
 - ↑ Tregs, MDSCs, activated phenotypes
- Metformin assoc with OS in stage I pts. with high BMI
- Metformin reverses obesity effects in mice

Vendamuri S et al. J Thor Oncol 2019;14:2181 Barbie J et al. J Thor Oncol 2021;16:1333

Metformin



Intervention

The Continuum of Lung Carcinogenesis Opportunities for Intervention



Lung Cancer Screening

Issues in Lung Cancer Screening

- Lead-time bias = earlier diagnosis but no postponement of death (survival appears longer)
- Length bias = diagnosis of more indolent disease with longer preclinical phase (better prognosis, better outcome)
- Overdiagnosis = identification of clinically unimportant lesions that would not be diagnosed otherwise
- Morbidity/mortality/cost of screening and subsequent work-up

PLCO Trial

PLCO CXR Randomized Trial - Mortality

154,901 participants, PA CXR vs. usual care x 4 screens, 13 yr f/u



Oken, MM et al. JAMA 2011;306:1865-73

NLST (National Lung Screening Trial)

- NLST design
 - 53,454 smokers (current and former)
 - − 30 pack-yr smoking hx; quit ≤15 yrs ago
 - Age 55-74
 - Helical CT vs. chest X-ray (prevalence, then x2)
- NLST results
 - CT 24.2% 'positive' tests, 354 lung cancer deaths
 - CXR 6.9% 'positive' tests, 442 lung cancer deaths
 - 20.0% reduction in lung cancer mortality
 - 6.7% reduction in all cause mortality

NLST Research Team. N Engl J Med 2011;365:395-409

Lung Cancer and Deaths

Cumulative Lung Cancers and Deaths from Lung Cancer



NLST Research Team N Engl J Med 2011;365:395-409

CT screening

NELSON CT Screening Trial



- 13,195 men and 2594 women
- age 50-74
- Screening baseline, yr 1, yr 3, yr 5.5
- Volumetric analysis
- 10 yr follow-up
- Men: RR=0.76
- Women: RR=0.67

Summary

Summary

- Tremendous progress has been made in understanding lung carcinogenesis
 - Pathologic classification oversimplifies molecular complexity
 - Heterogeneity in tumors and premalignant lesions complicates efforts to intervene
 - Precision medicine applicable to significant (but small) subset of advanced stage patients, increased survival
 - Early days of immunotherapy prolonged survival in small subset of patients
 - Applications to prevention not yet clear
 - Early detection with helical CT decreased lung cancer mortality
 - New targets and tools available for chemoprevention research

"An ounce of prevention is worth a pound of cure" -Benjamin Franklin

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