Beyond Data and Publishing: How to Advance as a Clinician Scientist

NCI Center to Reduce Cancer Health Disparities



ANNOUNCEMENTS

Upcoming Paves

Date	Title	Time	Speakers	Registration Link
November 29, 2023	You've Reached Research Independence, Now What?	3:00 - 4:00 pm EST	<u>Dr. Harold</u> <u>Saavedra</u>	Register Here

View previous sessions on our <u>Paves website</u>.

Early Investigator Advancement Program (EIAP)

Call for Applications!

The Early Investigator Advancement Program (EIAP), a trans-NIC initiative, aims to promote the transition of early-career investigators from diverse backgrounds to established investigators.



Program Components



Applications will be accepted between October 2nd and November 1st, 2023.

Why Apply to the EIAP? If selected, Scholars...

- Hone their craft at developing a competitive R01grant application.
- Receive guided support and technical assistance on the R01 application.
- Match with an established investigator.
- Develop life-long peer relationships.
- List EIAP as an NCI award on C.V. & the Biosketch.
- SUBMIT a competitive R01 application by Oct/Nov 2024!

Visit the <u>EIAP website</u> for application requirements, FAQs, and to access the recorded pre-application webinar.

Contact: EIAP@nih.gov

Intramural Continuing Umbrella of Research Experiences Program

- Supports mentored research experiences (2-3 years depending on training level) for students and scientists from diverse backgrounds on NCI campuses in Bethesda, Rockville and Frederick, Maryland
- Centralized review and program-facilitated matches for scholars to NCI PIs;
 applicants do not need to pre-identify a PI to apply
- NCI values diversity and particularly encourages applications from individuals
 from diverse backgrounds, including those from groups underrepresented in the
 cancer research workforce, for example those from groups noted in the Notice of
 NIH's Interest Diversity (NOT-OD-20-031).

We are now accepting applications for research experiences beginning Fall 2024. Check out the website for all the details including the slides and recording from the pre-application webinar.





Diversity and Re-Entry and Re-Integration (PA-21-071)



 Provide additional funding to currently active NIH grants to support research experiences of trainees → bridge toward next career level

•	Aims to support candidates from <i>underrepresented</i>
	populations: race/ethnicity, disability, disadvantaged
	background

- Parent grant must have at least 2 years of active status left at the time of supplement application
- R01 or equivalent 2 supplements at the same time;

 R21 or equivalent – 1 supplement at a time to support grad student or more junior

Receipt Cycle	Application Receipt Date
1	Oct 1- Dec 1
2	Feb 1- Mar 31

Contact
Dr. Belem López
Fulera Salami
Dr. Chantel Fuqua
Dr. Jason Liu
CUREsupplements@nih.gov

https://www.cancer.gov/about-nci/organization/crchd/about-health-disparities/resources/diversity-supplements-fact-sheet.pdf







Today's Presenters



Narjust Florez, MD



Idalid (Ivy) Franco, MD, MPH

Beyond Data and Publishing: How to Advance as a Clinician Scientist

Narjust Florez, MD
Associate Director, The Cancer Care Equity Program
Thoracic Oncologist, Dana-Farber Cancer Institute
Assistant Professor of Medicine, Harvard Medical School
Associate Editor, JAMA Oncology







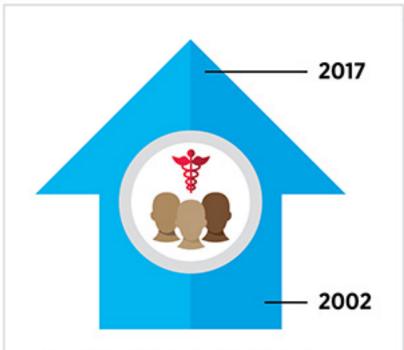
Objectives

- 1. Learn how to manage a research career while conducting clinical practice
- 2. Discuss the unique needs of physician scientists from a mentor's perspective
- 3. Identify ways to protect your research time









Between 2002 and 2017, in the
United States, the numbers of African
American, Hispanic, and American
Indian/Alaska Native medical school
matriculants have increased.

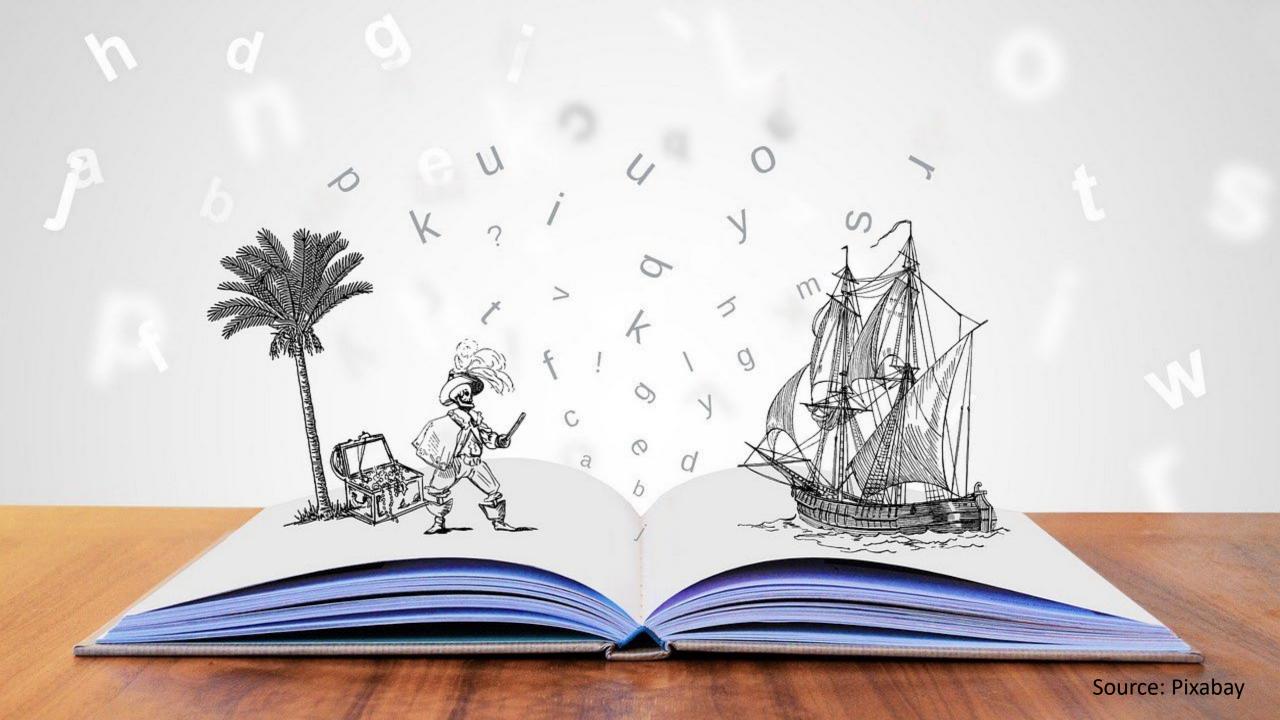
However, these minority student populations are still underrepresented relative to their corresponding proportions in the U.S. population.



However ...









2021 ASCO ANNUAL MEETING



MY WHITE COAT DOESN'T FIT



My White Coat Doesn't Fit

Narjust Duma, MD^{1,2}

There I was, crying once again all the way from the hospital's parking lot to my apartment, into the shower, and while trying to fall asleep. This had become the norm during my internal medicine residency. For years, I tried hard every day to be someone else in order to fit in. It started with off-hand comments like "Look at her red shoes," "You are so colorful," and "You are so Latina." These later escalated to being interrupted during pre-

and then ran to the bathroom to cry alone. That interaction was a turning point for me; I got the message. I needed to change; I needed to stop being who I was to be accepted.

As the years passed, I kept key pieces of my personality hidden, hoping I could earn the respect of my colleagues. I refrained from sharing my personal stories as they were different from those around me. I grew up in a developing country with a struggling economy and an even more challenging political situation. It was clear that we simply did not share similar experiences.



Duma, N, JCO, 2022

https://meetinglibrary.asco.org/record/195368/video





#LatinasInMedicine

Share stories | Amplify achievements | Open opportunities | Create connections

















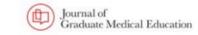


By using the hashtag #LatinasInMedicine we can identify tweets by and about Latina women in medicine and related health care professions, which in turn allows Twitter users to interact with each other, amplify achievements, increase the visibility of Latinas both personally and professionally, and create a sense of belonging to the community.



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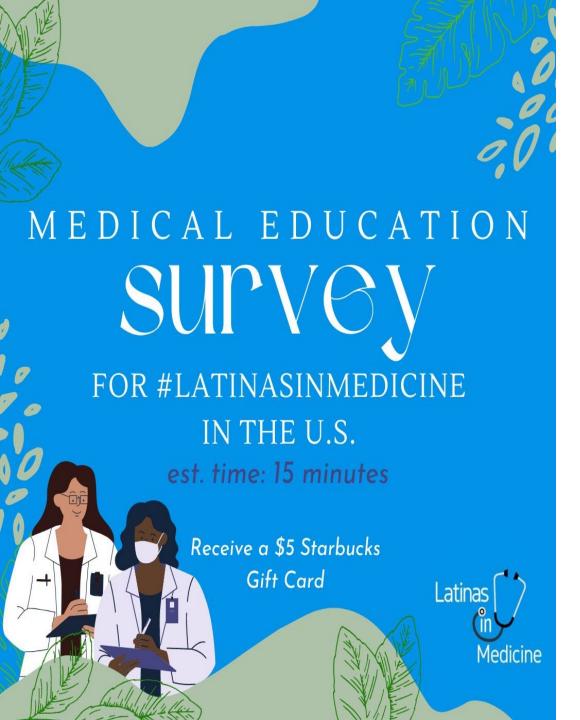
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#LatinasInMedicine: Using the Hashtag to Build Community in Medicine
Briana Christophers, Narjust Duma, MD, Maria Carolina Mora Pinzón, MD



54.5% of respondents (114/209)
reported had negative interactions
with patients/patient's family
stemming directly from their ethnic
identity

• 72.8% (147/202) reported experiencing discrimination from others within the medical field







Gladys Rodriguez, MD START Center for Cancer Care San Antonio, Texas









Sometime in 2019 our pathways crossed ...







Proyecto ELEVAR

Evaluating the Latinx Experience With the Health Care System Through Variables on Access and Resources?

JCO Oncology Practice







Breast Oncology | Published: 11 August 2022

Disparities in Primary Breast Cancer Stage at Presentation Among Hispanic Subgroups

Nishwant Swami MPH, Tiffany Nguyen MD, Edward Christopher Dee MD, Idalid Franco MD, MPH, Yefri A. Baez MD, Kaitlyn Lapen MD, Lora Wang MD, Neha Goel MD, Brandon A. Mahal MD, Oluwadamilola M. Favaniu MD. Nariust Duma MD & Fumiko Chino MD □

Annals of Surgical Oncology 29, 7977–7987 (2022) Cite this article





Cancer

ORIGINAL ARTICLE

Sexual Health Assessment in Women with Lung Cancer study: Sexual health assessment in women with lung cancer

Narjust Florez MD 🔀, Lauren Kiel BS, Kelly Meza MD, Zihan Wei MS, Emanuele Mazzola PhD, Ana I. Velazquez MD, MSc, Idalid Franco MD, MPH, Mary Jo Fidler MD, Ivy Elkins ... See all authors \vee

First published: 16 October 2023 | https://doi.org/10.1002/cncr.35057



Dónde Están? Latinx/Hispanic Representation in the Oncology Workforce:

Present and Future

Narjust Duma, MD1: Ana I. Velazguez, MD, MSc2: Idalid Franco, MD, MPH2: Lauren Kiel1: Laura A. Levit, JD1: Caroline Schenkel, MSc4 Kelsey Kirkwood, MPH⁴: Sybil Green, JD⁴: and Gladys Rodriguez, MD⁴





Founded in 2019





Florez Lab members are agents of change



The majority of [our lab's] work is on social justice because there are so many inequalities in cancer care and for women in medicine in general. We focus on finding interventions to address those inequalities and move the field forward.



FLOREZ LAB POSTERS #ASCO22

Professional Development and Education Advances

S. Beltrán Ponce

11041

Trainee and program director perspectives of parental leave and parenthood in oncologic specialties

D. Idossa

11041

Are we doing it right? Mentorship challenges for oncology fellows and early-career faculty from backgrounds underrepresented in medicine

I. Riano

11041

Evaluating the quality of clinical evidence in gastrointestinal cancers PubMed searches: How relevant are the results?

A. Velazquez

11041

Quality and content of online cancer information: An analysis of NCI-designated cancer center YouTube videos



Narjust Duma, MD







66

Why would I want to be 'normal' when I could be my own lively, passionate, and positive self?

- Coral Olazagasti

99

66

The impact of having someone who looks like me—a woman, an immigrant, an underrepresented minority—thriving in academic medicine, is hard to put into words.



GUEST EDITORIAL

The Duma Lab seeks to change how mentorship works for underrepresented women in medicine



Coral Olazagasti, MD
Hematology/oncology fellow,
Department of Medicine, Division of Hematology-Oncology,
Zucher School of Medicine at Hofstra/Northwell
Health Cancer Institute



Carolina Bernabe, MD Hematologist, oncologist, Essen Medical Health



Shruti Patel, MD
Hematology-oncology fellow,
Department of
Medicine, Division of
Hematology/Oncology,
Stanford University
School of Medicine



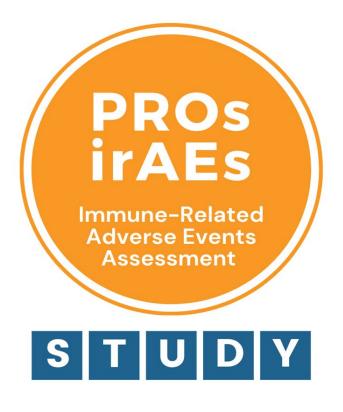








Tolerability of Cancer Immunotherapy from the Patient Perspective: Evaluating Symptomatic Adverse Events of Immune Checkpoint Inhibitors with Electronic PRO-CTCAE in a Diverse Patient Population with Lung Cancer

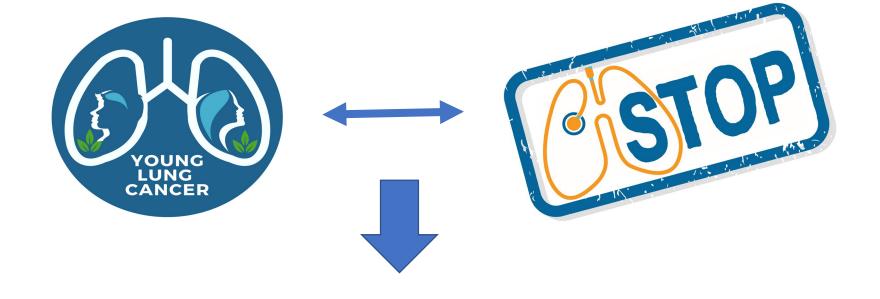


The ePRO-CTCAE assessment (administered at baseline visit and every clinical visit for 6-8 weeks)

A longitudinal toxicity over time (ToxT) analysis to patient-reported AE data will characterize the toxicity and tolerability of ICIs from the patient perspective









Fertility and Sexual Health effects of Immune checkpoint inhibitors in young women with Non-small cell lung Cancer and melanoma



















Learned Lessons











comments a

Understanding Modern Medical Centers: Beyond Simone—Intersectional Maxims for a New Era

Stephanie L. Graff, MD¹; Tanya Wildes, MD²; Narjust Duma, MD³; Don S. Dizon, MD¹; Noelle K. LoConte, MD⁴; Edith Mitchell, MD⁵; Martina C. Murphy, MD⁶; Edith A. Perez, MD⁷; Sarah M. Temkin, MD⁸; Pamela L. Kunz, MD⁹; and Karen M. Winkfield, MD¹⁰

INTRODUCTION

In 1999. Dr Joseph Simone published in Clinical Cancer Research what would famously become Simone's Maxims, a moniker Dr Simone¹ included in the title of the piece. For decades, the aphorisms provided in his work have circulated as truths that aspiring clinicians should understand to thrive in the ranks of academic medicine. Yet, since these truths were written, much has changed about the physician workforce and their relationship with institutions. Since 2003, half of the students entering medical school are women.² Today, women make up 40% of the oncology workforce, and increasing numbers of oncologists identify with underrepresented groups in medicine (URiM) including, but not limited to their race, ethnicity, sexual orientation and/or gender identity, socioeconomic background, immigration status, and intersectional combinations. Concurrent with these demographic changes, the practice of oncology has become increasingly complex. academic medicine increasingly a silo within niche or

people—sex, race, class, sexual orientation, physical ability, etc. It is with a lens of intersectionality that we reintroduce Simone's Maxims for a new era, reflective of the unique challenges and opportunities that have arisen in the intervening two decades.

INSTITUTIONS

Original Maxim: Institutions don't love you back.1

Intersectional Maxim: Institutions and health care organizations don't love you back.

The truth of the original Simone Maxim is magnified for women, URiM, and persons with intersectional identities. ⁵⁻⁷ The increased consolidation of institutions, both academic and not, into large organizations are, ever more, businesses in health care and has led to the depersonalization of health care workers. Clinicians have been reduced to chess pieces, and women and URiM are often the pawns (of note, we subsequently use institutions or organizations collectively).

imone JV. Understanding academic medical centers: Simone's Maxims. Clin

Cancer Res. 1999 Sep;5(9):2281-5. PMID: 10499593.

Cancer Institute

Cancer Institute

Cancer Institute

Simone's

Maxims

Updated and Expanded:

Understanding Today's

Academic Medical Centers

Joseph V. Simone, MD

Published online 09/27/2023

DOI: 10.1200/JCO.22.01060 Journal of Clinical Oncology 41, no. 7

(March 01, 2023) 1350-1358.



TABLE 1. Beyond Simone—Intersectional Maxims for a New Era

Institutions

Institutions and health care organizations don't love you back

Institutional timelines and personal timelines exist on a separate time/space continuum

Everyone's time and voice is valuable. Institutional leaders must respect time and encourage diversity of thought

Harassment and discrimination should not be tolerated and require formal investigation, consequences, remediation, transparency, and leadership

Leadership

Diverse leadership does matter

Change matters. The time it takes to enact a change is less relevant

Leaders should be chosen for their ability to inspire

In health care organizations, ego climbs uphill; muck flows downhill

Recruiting

People do not belong to classes

Homogeneity does not equate with team compatibility. Diversity makes us stronger

Contracts are meant to be negotiated

Networks are there to catch you—learn to develop and leverage them

Job changes

Review the facts; trust your gut

Every job relocation is due to a combination of "push and pull." The "push" will start the search. You may need a "pause" option for your safety before you find the "pull"

The first 18 months require focused, intentional effort for success

Maintaining career growth requires nutrients—mentorship, allyship, sponsorship, and coaching

Time is not a reason to stay

Career success requires cultural humility, negotiation, and compromise

Success

Our definitions of success need to evolve

Strong temptations to tolerate the status quo must be overcome

Medicine is both a noble calling and a regular job







Reimagining Simone's Maxims for Inclusive Healthcare

Since the initial publishing of Simone's Maxims, the proportion of under-represented groups in medicine (URiM) and women in the healthcare workforce has increased significantly



Can reimagining Simone's Maxims cater better to the increasing diversity in the healthcare workforce?



Modification of Simone's Maxims to align with key aspects of modern healthcare

Institutions

Leadership

Enhancing visibility and inclusion of diverse institutional mentors

Choosing leaders with diversity

and the ability to inspire



Key takeaways from the reimagined Simone's Maxims



Job changes

Choosing career opportunities with careful assessment, effort, mentorship, and training



Success

Incentivizing collaborative team success and challenging the status quo when required



Recruiting

Adopting an unprejudiced and equitable recruiting process; avoiding classism

The reimagined Simone's Maxims can enhance inclusivity and growth for URiMs and women in the workforce, thus promoting equitable healthcare for all patients





Let's Get Practical! Top Tips to Survive as a Clinician Scientist







#1 Practice Gratitude – You have the best job in the world!







FIGHTING BIAS IN LUNG CANCER AND MEDICINE

Narjust Florez

THORACIC ONCOLOGIST, DANA-FARBER BRIGHAM CANCER CENTER; FOUNDER, FLOREZ LAB



I don't think you need to wait for systemic change to change how you treat patients.

Narjust Florez, MD





#2 Nobody can define your career but YOU









#3 YOU Belong









#4 Your Vision is YOUR Brand



#5 Define What Is Important To You?













#6 Clearly define and negotiate Clinical vs. Research vs. Teaching vs. Administrative TIME



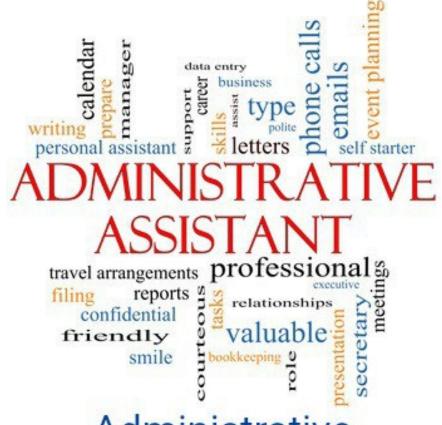






#7 Delegations and Collaboration





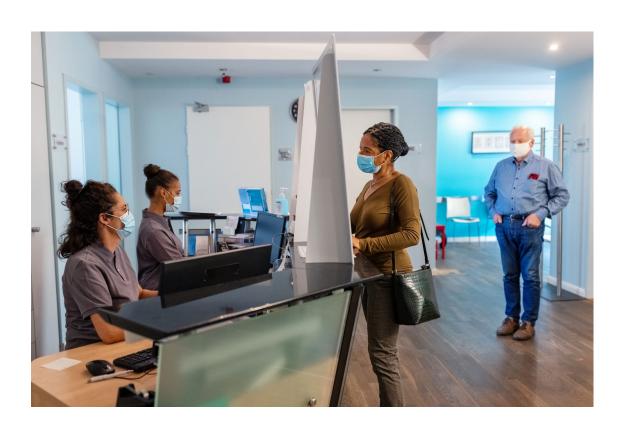
Administrative Assistant Duties







#8 Clinical Support? Nursing? PA? Nurse navigator? All of that can be negotiated



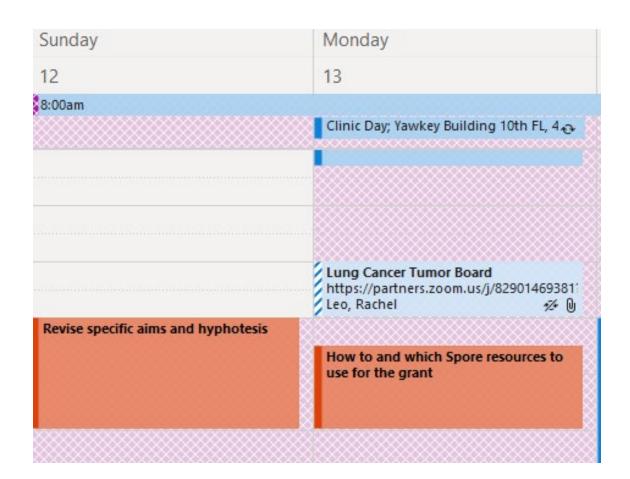








#9 Schedule it! Every. Single. Detail







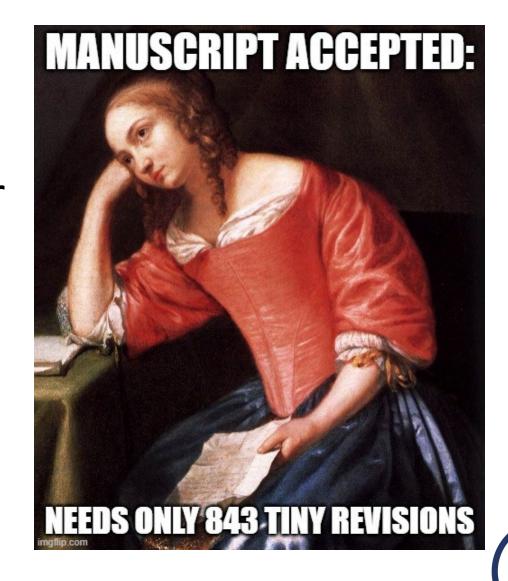




#10 Embrace Feedback

 Your team's feedback is not a reflection of you as a person or investigator

Seek real and timely feedback







#11 Create a Sense of Community















Find your true passion, not your mentor's





GIVE YOURSELF GRACE









www.cancer.gov/espanol