

# Radiation Therapy and You



## For More Information

This booklet is only one of many free booklets for people with cancer. Here are some others you may find useful:

- *Biological Therapy*
- *Chemotherapy and You: Support for People With Cancer*
- *Eating Hints: Before, During, and After Cancer Treatment*
- *Taking Part in Cancer Treatment Research Studies*
- *Thinking About Complementary & Alternative Medicine: A Guide for People With Cancer*
- *Pain Control: Support for People With Cancer*
- *When Cancer Returns*
- *Taking Time: Support for People With Cancer*

These booklets are available from NCI (the National Cancer Institute). NCI is a federal agency that is part of the National Institutes of Health. Call 1-800-422-6237 (1-800-4-CANCER) or visit [www.cancer.gov](http://www.cancer.gov). (See page 59 for more information.)

\*For information about your specific type of cancer, see the PDQ® database. PDQ® is NCI's complete cancer database. You can find it at [www.cancer.gov](http://www.cancer.gov).

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the 1990s, the number of people with a mental health problem has increased in the UK (Mental Health Act 1983, 1990).

There is a growing awareness of the need to improve the lives of people with mental health problems. The Department of Health (1999) has set out a vision of a new mental health system, which will be based on the following principles:

- (i) People with mental health problems should be treated as individuals, with their own needs and wishes.
- (ii) People with mental health problems should be given the opportunity to participate in decisions about their care and treatment.
- (iii) People with mental health problems should be given the opportunity to live as fully as possible in their own homes and communities.

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