

CALM Therapy Intervention Study for Patients with Brain Cancer

A study for **adults** with primary brain tumors.



+ Objective

National Cancer Institute (NCI) researchers are conducting a study using therapy as an intervention for adult patients with brain cancer to help them **Manage Cancer and Live Meaningfully (CALM)**.

This study will use individualized therapy to address negative feelings that may improve your mood and the way you feel. This study will determine if using the CALM intervention helps to reduce depressive symptoms in people with advanced brain tumors.

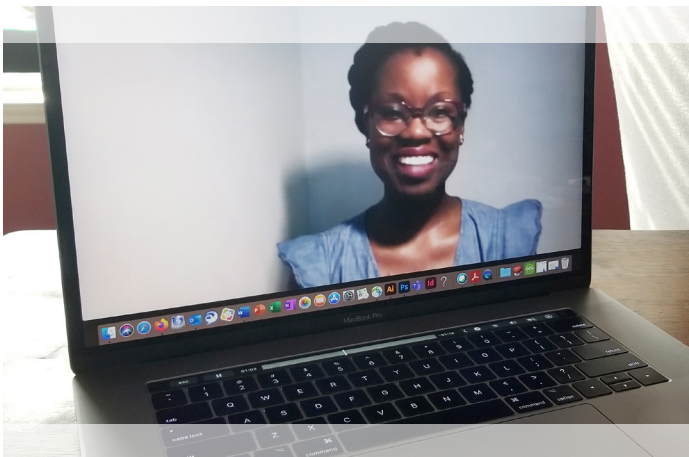
What the study involves:

- 3-6 therapy sessions held remotely over 6 months
- CALM therapy will provide you a reflective space to process feelings you're experiencing
- Complete questionnaires about health and symptoms at three different timepoints over six months
- Interview with the study team after your third session to gain insight on your experience with your diagnosis and the CALM intervention

You can participate if you:

- Are age 18 or older
- Are diagnosed with a primary brain tumor
- Are currently on cancer treatment
- Are enrolled in the Natural History Study (ID: NCT02851706) at NIH Neuro-Oncology Branch

This is not a treatment trial. You can participate from home in telehealth visits with the study team.



Questions?

Contact us at **(240) 760-6010** or **NCINOBReferrals@mail.nih.gov**

clinicaltrials.gov ID: NCT04852302