# NIH NATIONAL CANCER INSTITUTE

## Sleep Observation Study for Patients with Brain Cancer

A study for adults with primary brain tumors.



## + Objective

## National Cancer Institute (NCI) researchers are conducting an observational study of patients with brain cancer.

This study will measure daytime sleepiness and activity patterns using a smart wearable device. This will provide insight into the impact of sleep disturbance on those with brain cancers.

#### What the study involves:

- A Fitbit device will be provided and your activity, sleep and heart rate information will be shared with the study team for one month
- Complete a sleep diary daily for one week
- Complete questionnaires about health and symptoms

This is not a treatment trial. You can participate from home in telehealth visits with the study team.

### **Questions?**

### Contact us at (240) 760-6010 or NCINOBReferrals@mail.nih.gov

clinicaltrials.gov ID: NCT04669574

#### You can participate if you:

- Are age 18 or older
- Are diagnosed with a primary brain tumor
- Are enrolled in the Natural History Study (ID: NCT02851706) at NIH Neuro-Oncology Branch

